

(last updated, 05-18-07)

USDA Commodity Food Fact Sheet for Schools & Child Nutrition Institutions

Visit us at www.fns.usda.gov/fdd

A714 - BEEF, TACO FILLING, W/SPP, FULLY COOKED, FROZEN, 40 LB

| CATEGORY | Meat/Meat Alternates | |
|------------------------|---|---|
| PRODUCT DESCRIPTION | • Ground beef with soy protein product (SPP) cooked in lightly seasoned ingredients for use in a variety of applications, including taco fillings, burritos, enchiladas, and similar items. Beef will comprise at least 75% of the raw formula; non-meat components will comprise no more than 25% of the raw formula. | Nutrition Beef taco filling |
| PACK/YIELD | 4/10 lb OR 5/8 lb OR 8/5 lb bags per case. One 40 lb case AP provides about 140 ½-cup servings. One 10 lb bag AP provides about 35 ½-cup servings beef taco filling. One 8 lb bag AP provides about 28 ½-cup servings beef taco filling. One 5 lb bag AP provides about 17.5 ½-cup servings beef taco filling. One lb AP provides about 3.50 ½-cup servings beef taco filling. CN Crediting: Request company formulation statement for product. | Calories Protein Carbohydrate Dietary Fiber Sugars Total Fat Saturated Fat Trans Fat Cholesterol Iron |
| STORAGE | Store frozen beef taco filling in original shipping container off the floor at 0 °F or below. Refrigerate leftover taco filling covered and labeled in a dated nonmetallic container and use within 2 days. Use First-In-First-Out (FIFO) storage practices to ensure use of older product first. | Calcium Sodium Magnesium Potassium Vitamin A Vitamin C Vitamin E |



Nutrition Information

Beef taco filling w/SPP, cooked

| | ½ cup (130 g) |
|---------------|------------------|
| Calories | 226 |
| Protein | 21.20 |
| Carbohydrate | 4.68 g |
| Dietary Fiber | 4.09 g |
| Sugars | 0.28 g |
| Total Fat | 13.70 g |
| Saturated Fat | 4.73 g |
| Trans Fat | 0.13 g |
| Cholesterol | 82 mg |
| Iron | 1.82 mg |
| Calcium | 24 mg |
| Sodium | 680 mg |
| Magnesium | N/A |
| Potassium | N/A |
| Vitamin A | 595 IU |
| Vitamin A | N/A |
| Vitamin C | 1.0 mg |
| Vitamin E | N/A |



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| PREPARATION/ COOKING INSTRUCTIONS | • Place beef taco filling ready-to-serve bag in a steamer or boiling water. Heat about 30 minutes or until product reaches a serving temperature of 165 °F for 15 seconds. Keep beef taco filling ready-to-serve bag sealed until cooking is complete. Open bag carefully to avoid being burned. Judge doneness by temperature, not by color or texture of food. |
|---|--|
| USES AND TIPS | • Beef taco filling can be used as the meat portion in tacos with hard or soft corn or flour tortillas; as a topping for salads; or as the meat filling in southwestern recipes. |
| FOOD SAFETY INFORMATION | Thaw frozen products in the refrigerator below fresh or ready-to-eat foods. Keep meat and poultry separate from other foods, wash working surfaces (including cutting boards), utensils, and hands after touching meat or poultry. |
| BEST IF USED BY GUIDANCE | For guidance on how to effectively manage, store, and maintain USDA commodities, please visit the FDD Website at: http://www.fns.usda.gov/fdd/facts/biubguidance.htm. For additional information on product dating, go to page 6 of <i>Choice Plus Food Safety Supplement</i> at: http://www.nfsmi.org/Information/choice-plus-food-safety-supplement.pdf. |